

MORPETH PUBLIC SCHOOL

Week 10, Term 3

20th September 2023

Phone - 4933 6726

WEBSITE: www.morpeth-p.schools.nsw.edu.au

DATES TO REMEMBER Thursday 21st September 2023 Year 5 Maitland High taster day

Friday 22nd September 2023 Year 6 Mini Fete Last Day of Term 3

Monday 9th October 2023 Students return for Term 4

Wednesday 18th October 2023 Infants excursion to Oakvale Wildlife Park

Friday 27th October 2023 Colour Fun Run

Friday 1st December 2023 Carols at Closebourne House

Monday 11th December 2023 Presentation Day - whole school

Tuesday 12th December 2023 Party Day - all grades

Wednesday 13th December 2023 Year 6 Farewell

Friday 15th December 2023

Last day for students for 2023 - Yr 6 clap out



Before and After School Care

Please call Luke (Co-ordinator) 0447 430 811

Look What's Trending this week!

email - morpeth-p.school@det.nsw.edu.au

Year 6 Mini Fete

Just a reminder that our mini fete will be held on Friday. Our Year 6 students have been busily organising their stalls in readiness for what promises to be a fun day. The mini fete is always a term highlight and this year's event promises to deliver more of the same. Thirteen stalls will be in operation at the fete, with activities including food and drink stations, face painting, hair braiding, lucky sticks, laser tag and book sales. Our students, staff and families will meet briefly in the MPC, prior to the commencement of the mini fete, where Mrs Cowan will provide an overview of the fete and we will be entertained by student performances. Please be reminded that we ask our students and families to bring cash on the day. Students are also invited to come to school out of uniform.

Mrs Julie Sullivan

Next term we will be welcoming Mrs Julie Sullivan to our school. Mrs Sullivan will become a permanent member of our staff, replacing Mr Irwin who has been appointed to Stroud Rd PS at the beginning of Term 3. Mrs Sullivan joins us from Singleton PS and will bring great experience and expertise to our school.

Year 5 'Taster' Day

Our Year 5 students will attend Maitland High School's 'taster' day tomorrow. The visit will provide an opportunity for our students to experience some of the subjects on offer when they begin high school in 2025. Our students will travel to Maitland High by bus and under the supervision of Mrs Cowan.

School canteen

The operation of our school canteen will undergo a significant change over the coming months. In recent years, the canteen has been under the control of our P&C. The P&C employed Mrs Bec Buehler to manage the service. However, due to a number of financial and logistical considerations, it has been decided that the P&C will no longer manage our canteen. Our school is investigating a number of options to ensure the service can continue under an alternate management structure. At this stage, however, we are uncertain as to what this will look like and when a decision will be made. Please be assured that we are considering all options to ensure that a quality canteen service is available to support our students. We have been extremely fortunate to have had Bec Buehler as our canteen manager. Bec has always been very available to support our students and school in her dual roles of operating the canteen and our uniform shop. She has always gone 'above and beyond' in her roles and, on behalf of our school, I would like to thank her for commitment, energy and professionalism.

Scripture

Scripture has finished for Term 3. Big thanks to Allan and his team for supporting our students and we look forward to recommencing SRE in Term 4.

Term 4 Dates

As mentioned previously, Term 4 will begin for students and staff on Monday 9 October; there is no staff development day (pupil free day) to begin the term.

On behalf of our staff, I would like to thank our students and families for contributing to a great term of achievement and celebration. I hope you are able to enjoy a restful and enjoyable break.

Peter Edmonds

P&CNEWS

P&C Meeting Monday 6th November 2023

The P&C invite all members to attend our monthly meeting on 6th November at 6pm at school and via Zoom. We would love to see you join our team for 2023. Meetings are monthly during school term so only takes an hour or two of your time - and remember becoming a member does not require commitment to attend every meeting - or hold an executive position. It is an opportunity for you - mums, dads, carers and grandparents - to learn more about what is happening at our school and to be involved in exciting events.

> The P & C is there to support school initiatives as well as fundraise. We would love to welcome the community to be involved in our future fundraising activities.

Please consider becoming a part of a fabulous group of families who worked to achieve some huge results in the last year including significant funds passed to the school.

Please ensure you like the <u>https://www.facebook.com/morpethpc</u> page to get the latest and greatest. If you have any questions regarding the P & C please feel free to contact the President Sharyn on: 0402 543 627 or email us at: <u>morpethpublicschool@pandcaffiliate.org.au</u>



PBL

We will be talking with students about ...

Pedestrian/Road Safety:

Hold an adult's hand when crossing a road (under 10), Stay to the left when riding on a road or path, Follow instructions

Stop, look and listen before crossing a road safely, Wear a helmet when riding a scooter or bike, Wear a seat belt

Cross at a pedestrian crossing, Walk promptly across the road, Demonstrate safe behaviours

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SCHOOL BYTES PARENT APP IS COMING

We are pleased to announce that the School Bytes team is currently developing a parent app for Apple and Android devices.

This app is designed to complement our existing parent portal, and makes it easier for parents to use School Bytes on their mobile devices. In addition, a key feature is the addition of push notifications so you can receive alerts through the app in addition to emails.

School Bytes expect to carry out trials with some schools during Term 4, with a general launch at the start of 2024. Further communications will be sent to our parents when the app is ready.

The School Bytes Parent app will be available on Apple App and Google Play stores.





TERM 3 WEEK 10

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Thank you to all my volunteers and to all the families who have supported the canteen. REMINDERS

All Uniform orders need to be made before 12pm Thursday 21st September for delivery this term.

VOLUNTEER NEWS

Week 10 Term 3

Tues 19th Sept - Help Needed Wed 20th Sept - Justine M. Thur 21st Sept - Jemma M - Help Needed Frid 22nd Sept - Closed As we head to the end of term stock will be limited please check The Spriggy schools app for availibility

Contact info: morpethcanteen@gmail.com





NEWSLETTER ISSUE 9 11 SEPTEMBER 2023



TheirCare Morpeth acknowledges Traditional Custodians of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples. We Pay our respect to Edler Past Present and Emerging.

Your Feedback Matters

We at Morpeth TheirCare strive to deliver the best quality care we can.

If you have any feedback or suggestions, please talk to our staff or complete our feedback cards at sign in.

Spring Holidays

Our bookings for the Spring School Holidays

Theme: Weird Sceince

Join us on a trip to the hunter valley Zoo or the Movies

- Make some new friends while we Participate in a Intergenerational Program

Book Now at https://theircare.com.au/ holiday-programs

We Are Hiring!

Are you or someone you know interested in a OSHC career? Applications are open for positions here!



Glowtopid

This Friday 15th September is our Glowtopia glowstick dance party During ASC

This celebrates the work we have done raising money for the Starlight Children's Foundation. Be sure to book in early on fullybooked to guarantee you a spot for the fun! There will be lots of dancing and party games.

(TIMES

Before School: After School: Holldays: 6:30AM - 8:30AM 3:00PM - 6:00PM 6:30AM - 6:00PM CONTACT HEAD OFFICE

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Info@theircare.com.au

CONTACT SERVICE

Solution 0447 430 811

Morpethnsw@theircare.com.au



#### **Morpeth Public School**

Times 6:30 am - 6:00 pm
Location 46 High Street, MORPETH NSW 2321
Coll 0499 555 038







# TIPS TO SAVE MONEY \$\$

Packing an everyday lunchbox doesn't need to be expensive. In fact, everyday foods can be cheaper than sometimes foods. Here are some tips to make your everyday lunchbox budget friendly.

## **1. SHOP THE SEASONS**

 Choose vegetables and fruit that are in season. They are usually displayed at the front of the supermarket and are often on special. See our seasonal vegetable and fruit guide.

### 2. BUY IN BULK

- · Buy in bulk and pack into smaller portions at the start of the week.
- Great everyday options include baked beans, reduced fat yoghurt, corn cakes, tinned fruit in natural juice, dried fruit, cheese and crackers.

### **3. MAKE YOUR OWN**

- · Pre-packaged snacks are quick, easy and convenient but can increase the price of your shopping trip.
- · Popcorn, flavoured yoghurt and pikelets are simple to make yourself.
- Instead of pre-packaged cheese and biscuits, make your own by cutting slices of reduced fat cheese and adding wholegrain crackers in a small container.

## 4. GO FROZEN OR CANNED/TINNED

- Try canned or frozen vegetables and fruit. These can be equally nutritious and can be stored for much longer.
- Frozen berries make a great addition to reduced fat natural yoghurt. They also help keep the yoghurt cooler for longer.

#### 5. LEFTOVERS FOR THE LUNCHBOX

- · Using leftovers from dinner the night before is a great way to reduce costs.
- Use leftover roast meat on a sandwich, baked sweet potato as a snack with hummus or leftover pasta or fried rice as the main item instead of a sandwich. Remember to pack an ice brick to keep the food safe.

## 6. CREATE A TASTING BOX

 You may find yourself running low on everyday lunchbox items by Friday. Instead of packing a traditional 'main' or ordering from the canteen, make a 'tasting box' with a combination of all your leftover ingredients from the fridge. Waste not - want not!

## 7. SHOP THE SPECIALS

 Look out for specials on everyday products like reduced fat yoghurt, hummus, roasted chickpeas or fava beans and different varieties of bread. This will add interest in the lunchbox and is a great time to try new products.



Artwork: "The heart of a child" by Lara Went, Worimi Artist

